

Inside the Daf

We have learned (pg. 45) that when the בִּית דִּין (Court) declares a public fast when there is a drought, washing is not allowed and the community bathhouses are closed. But does this mean that *all* types of washing are not allowed?

רְפְרָם בַּר פָפָא tells us a general rule (in the name of רָב חְסְדָא). On a fast day that we observe as a sign of mourning, we may not wash in hot or cold water. An example of this kind of fast day is מָשָׁעָה בָּאָב (9th of Av) when we mourn the destruction of the בִית הַמִקְדָשׁ (9th of Av) are mourn the loss of a close relative but who is not fasting may not bathe in either hot or cold water.

On a fast day that we observe when we are is distress, for example, the public fast days that were held at a time of drought, washing with hot water is not allowed, but washing in cold water is okay. אידִי בָּר אָבִין points out from the fact that the מִשְׁנָה says public bathhouses are closed on a public fast day, we learn that only bathing in hot water is forbidden.

Although we may not bathe our entire body in hot water on a public fast day, a בְּרַיְתָא teaches that one may wash one's face, hands and feet in hot water.

Did You Know...

אַמִינָה אָשְׂוֹנָה אָשְׂרֵה prayer is also called the אַמִינָה which means, "Eighteen." This is because the prayer originally had eighteen

We may not wash in hot water on a public fast day

We may not wash in hot or cold water on a fast day we observe out of mourning

Tuesday, June 24, 2014 כ"ו סיון תשע"ד

"Answer_Us"

On a public fast day, we add an extra blessing to the אַמִידָה prayer. This blessing is called "אַנֵּמִי, which means, "answer us." In this blessing, we ask Hashem to answer us in our time of distress.

What about if someone is having a *private* fast? Does one say the עַנָּנָע blessing for a private fast?

רב יְהוּדָה says that the extra אַנַעוּ blessing is recited even during a private fast. It is said between the prayers of "גּוֹאֵל יִשְׂרָאֵל" (Redeemer of Israel) and " גּוֹאֵל יִשְׂרָאֵל רוֹפֵא חוֹלֵי עַמוֹ (Healer of the Ill of His People Israel).

רב יְצְחָק disagrees. He holds that a single fasting person is not an important enough reason to add an extra blessing in the אַמִידָה prayer. For this reason he says that the fasting person should recite אַמָע, not as a separate blessing, but as part of the text of the "אָמָידָה שׁוֹמֵע הַפָּלָה שׁוֹמֵע הַפָּלָה עַמִידָה Uho Hears Prayer) blessing in the הַמָּיָדָה blessing is a "catch-all" blessing where we ask Hashem to answer all of our prayers. It is fitting, therefore, to include the אַמָּיַד within this blessing.

Games

Make as many words from the *daf* as you can using these letters. What other words can you make from the letters?





A מדות Moment

Aryeh was worried about the wildfires. For three months now they had been ravaging the countryside and now they were moving toward the city threatening to destroy countless homes.

All over the news, angry citizens were calling upon the government to save them from the impending disaster.

"It's true that the government should do everything in its power to stop the fires," said Aryeh's father, "But they aren't our main hope. It's *Hashem* who saves us from calamity and distress. That's why we pray on fast days for Hashem to 'answer us at the time of distress and rescue.' Governments can help us, but it is really Hashem who we call upon to save us from all disaster." (תוספות ד״ה אלא)

Review Questions – תַּעֲנִית דַּף י"ג

1. What are we allowed to wash on a public fast day?

2. What do we pray for in the עֵנֵנוּ prayer?

3. Why is the אַמִידָה prayer also called אַמִידָה ??

Page 48 תענית דף יג

WORD OF THE DAY:

"FORBIDDEN / NOT ALLOWED"